



**ADDENDUM to COURSE SCHEDULE**

**OMM 511 – OMM I**

**Fall Semester 2022**

Date	Time	Topic or Title	Faculty	Format & Origin	Notes
8/29	3:00pm	OMM511 Course Introduction, Osteo history & rationale; Intro to Osteo communication	Donahue/Rowan	Media	
8/30	1:30pm 3:00pm	Layer Palpation	Donahue	Lec/Lab OMM Labs	See D2L for time & room #.
9/2	8:00am	Core Wellness	Lippert	Media	
9/6	7:00am	Myofascial 1: Myofascial Screen & Diagnosis / Principles of Myofascial Release (MFR) Technique	Hammer	Media	
9/6	1:30pm 3:00pm	Myofascial 1: Myofascial Screen & Diagnosis / Principles of Myofascial Release (MFR) Technique	Faculty	Lab	
9/12	3:00pm	Myofascial 2: MFR Techniques for Thoracic spine	Lippert	Media	
9/13	1:30pm 3:00pm	Myofascial 2: MFR Techniques for Thoracic spine	Faculty	Lab	
9/19	3:00pm	Principles of Soft Tissue Technique	Donahue	Media	
9/20	1:30pm 3:00pm	Principles of Soft Tissue Technique	Faculty	Lab	
9/26	3:00pm	Principles of Counterstrain (CS) Technique/ Thoracic spine CS Technique	Gugel	Media	
9/27	1:30pm 3:00pm	Principles of Counterstrain (CS) Technique/ Thoracic spine CS Technique	Faculty	Lab	
10/4	1:30pm 3:00pm	Review	Faculty	Lab	

10/11	1-5pm	Practical Exam #1	Faculty	Lab	
10/18	7:00am	Barriers/Vertebral Mechanics Diagnosis of Thoracic Spine	Steppe	Media	
10/18	1:30pm 3:00pm	Barriers/Vertebral Mechanics Diagnosis of Thoracic Spine	Faculty	Lab	
10/24	3:00pm	MET 1: Principles of Muscle Energy Technique (MET)/ MET Thoracic spine	Dillard	Media	
10/25	1:30pm 3:00pm	MET 1: Principles of Muscle Energy Technique (MET)/ MET Thoracic spine	Faculty	Lab	
10/31	3:00pm	MET 2: Thoracic MET Type I & Type II	Dillard	Media	
11/1	1:30pm 3:00pm	MET 2: Thoracic MET Type I & Type II	Faculty	Lab	
11/7	3:00pm	Principles of High Velocity Low Amplitude (HVLA) Technique/Thoracic spine HVLA	Gugel	Media	
11/8	1:30pm 3:00pm	Principles of High Velocity Low Amplitude (HVLA) Technique/Thoracic spine HVLA	Faculty	Lab	
11/15	1:30pm 3:00pm	Review	Faculty	Lab	
11/22	1-5pm	Practical Exam #2	Faculty	Lab	
11/29		<b>**NO LAB**</b>			
12/6	8:00 AM	Thoracic Autonomics	Lippert	Media	
12/6	1:30pm 3:00pm	Thoracic Autonomics	Faculty	Lab	
12/15	8-10:30am	S2 UE8 (Online Exam)	Proctors	Local - EL E105/E202; DMC – G028; MUC – UC3-209	Content from OMM511 & OST551