As part of the nationally recognized American Academy of Osteopathy, our mission is to diversify our community’s knowledge and understanding of osteopathy and osteopathic manipulative medicine (OMM) by furthering our members’ education of osteopathic principals, theories, and practice.

We work to accomplish our mission by:

- Sending members to SAA Convocation each year to expand their OMM skills
- Promoting Osteopathic awareness in our local communities through education and OMM demonstrations
- Supporting our peers’ OMM education through review sessions, lecture series and the Sports OMT elective
- Providing members’ volunteer opportunities to enhance their skills through numerous community outreach events

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Integrative Holistic and Lifestyle Medicine Association (IHLMA)

The mission for the Integrative Holistic and Lifestyle Medicine Association is to promote integrative holistic medicine and a lifestyle that focuses on exercise, nutrition and mental health.

We work to accomplish our mission by:

- Organizing events to engage and educate the community about holistic medicine
- Facilitating discussions among medical students and physicians regarding how to incorporate and maintain holistic lifestyles for ourselves and our patients