

Preparing Tomorrow's Doctors ... TODAY!

College of Osteopathic Medicine

MICHIGAN STATE
UNIVERSITY



Academic and Career Guidance during the Preclerkship Program

MICHIGAN STATE
UNIVERSITY

College of
Osteopathic Medicine

Academic and Career Guidance

Student Services

Office of the Associate Dean
William Falls, PhD

AC
Guidance

Kim Peck

Personal
Counseling

Celia Guro,
PhD

Registrar

Robin
Hastings

Admissions

Katherine
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Scheduling/
Activities

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Online Resources



MICHIGAN STATE UNIVERSITY | College of Osteopathic Medicine

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Contact Us

- Office of the Associate Dean/Student Services
- Office of Admissions
- Office of the MSUCOM Registrar
- Academic & Career Guidance
- Personal Counseling & Health Promotion
- Office of Scheduling & Student Activities

Academic and Career Guidance

Welcome to the Office of Academic and Career Guidance


Our mission is to inspire, motivate, and encourage MSUCOM medical students to achieve their goals and realize their full potential as Osteopathic physicians. Whether it's the need for Academic Guidance during the first two years as a medical student or assistance navigating the path to specialty choice and residency, we have many resources available.



AACOM Student Q & A on Single GME Accreditation System

Contact us at ac_guidance@ht.msu.edu

Visit our Facebook page for advice on study tips, specialty options as well as match and residency information.



Quick Links

- [Careers in Medicine \(CiM\)](#)
- [CV](#)
- [Constructing a CV](#)
- [Personal Statement](#)
- [Match](#)
- [Road to Residency](#)
- [Study Skills Strategies](#)
- [Time Management](#)

Academic Guidance	Career Guidance
Board Preparation	Professionalism

Online Resources

- MSU Library
- ***Study skills*** →
- Test anxiety
- Test taking tips
- Time management
- Wellness

- Getting the most out of studying
- What to do before, during and after lecture
- Improving reading comprehension

Preclerkship Academic Guidance

- General advising
- Academic notice
- Referrals
 - Personal Counseling
 - PEAK program

Academic Notice

- Students at or below the 20th percentile following Semester 1, 2, and 3
- Assess
 - Study / learning skills
 - Organizational / time management skills
 - Emotional maturity and personal insight
- Potential outcomes
 - Advice and coaching
 - Referral to course faculty
 - Referral to personal counseling
 - Referral to PEAK program

Personal Counseling and Health Promotion

- Address students' personal and professional issues students, including mental, physical and spiritual concerns
- Confidential and separate from other academic advising, although overlap may exist
- Students may self-refer or may be referred by Academic Guidance staff or faculty for issues such as
 - Depression
 - Anxiety
 - Stress management
 - Personal/family issues
 - Substance abuse

Personal Counseling and Health Promotion



EAST LANSING:

Celia B. Guro, PhD

Director of Personal
Counseling and Health
Promotion

Confidential
consultations
regarding any issue of
concern



DMC and MUC:

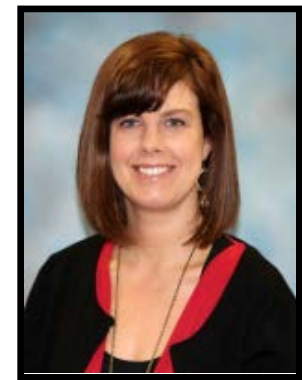
John Meulendyk, DO
Associate Professor &
Counselor

Confidential consultations
regarding any issue of concern



EAST LANSING:

Al Aniskiewicz, PhD,
ABPP
Clinical Psychologist
Professor Psychiatry
and Neurology



EAST LANSING

Jennifer Miller
Administrative
Assistant

PEAK Program

- Dr. Mangala Sadasivan
- Three parts
 - Intake
 - Assessment
 - Full day workshop
- Eligible for boards boot camp

Early Career Guidance

- Specialty Spotlight Series
- Careers in Medicine website