Establishing Geriatric Fellowship Programs in FM and IM

CAROL L MONSON, DO. MS.
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Geriatric Fellowship Grant

- Human Resources and Services Administration (HRSA) Grant received in 2011
- Joint effort between Family and Community Medicine (FCM) and Division of General Internal Medicine (DGIM)

Objectives:
- Developing and creating the infrastructure for a state-wide administrative division of geriatric medicine for MSUCOM affiliated Family Medicine and Internal Medicine Residencies to establish a network of osteopathic geriatric fellowships in the State of Michigan.
Geriatric Fellowships

Objectives:

- Building and sustaining the development of a series of geriatric educational modules that will be available to all network geriatric fellowships and residency training programs; with the goal of achieving a continuum of geriatric medicine through the entire post-doctoral curriculum; and developing distance learning modules that can be implemented within the network training programs.

- Developing a Geriatric Medicine Curriculum that includes a required class for all medical students during the first two years of their pre-clerkship curriculum at MSUCOM. FCM and DGIM will also begin integrating geriatric medicine into the existing Primary Care Ambulatory Clerkship (PCAC) in Unit Three of the clerkship years to achieve a firm continuum of geriatric medicine through the entire pre-doctoral curriculum.
Geriatric Fellowships

Objectives:

- Developing a second geriatric fellowship track curriculum that will allow for fellows in the program to extend their fellowship over a longer period of time, so they may be employed and working in a related medical practice while they are completing their requirements for certification in geriatric medicine.

- Encouraging the continuing development of new geriatric fellowship programs by documentation and dissemination of the fellowship projects, enduring materials, pre-doctoral and post-doctoral curricula to: additional osteopathic and allopathic geriatric fellowships, other hospital affiliates, and medical and nursing schools throughout the US.
Geriatric Fellowships

- **Optimal Aging**: The concept of Optimal Aging as defined by prominent geriatricians denotes the capacity to function across many domains - physical, functional, cognitive, emotional, social and spiritual - to one’s satisfaction and in spite of one’s medical conditions.
Geriatric Fellowships

- Establishment of an FCM and DGIM Division of Geriatrics,
  - Frank Komara, DO, Director
  - Annette Carron, DO, Associate Director
- Establishment of an Oversight Committee and Key Network Personnel
  - Geriatric Division Fellowship Oversight Committee (GDFO)
- Establish a Geriatric Division Fellowship Clinical Workgroup
  - Geriatric Division Fellowship Clinical Workgroup (GDFCW)
Geriatric Fellowships

- Recruitment of New Faculty
  - Annette Carron, DO
  - QingPing Wang, MD
- Our Current Partners
  - Sparrow Hospital System
  - Botsford Hospital
  - Metropolitan Hospital
  - Lakeland Hospital
  - Detroit Wayne County Health Authority Graduate Medical Education Consortium
Geriatric Fellowships

A. Practical evidence-based steps to Achieve Optimal Aging
   - Medical Aspects to Optimal Aging
   - Quality of life and decision making
   - Addressing cultural differences/medical disparities/health literacy
   - Mind and Spirit considerations
   - Sexuality
Geriatric Fellowships

B. Patient-Centered Medical Home for Senior Citizens

- Group visits
- Working effectively in a Multidisciplinary Team
- Rural and other underserved populations
- Wellness groups and Michigan Personal Action Toward Health (MIPATH) Training
Geriatric Fellowships

C. Integrative Medicine in the Geriatric Population
   - Osteopathic Practice and Principles applications
   - Evidence–based therapies

D. Mental Health Issues in Geriatrics
   - Dementia
   - Mood disorders in the geriatric population
   - Substance abuse
Geriatric Fellowships

- Modules completed or under construction
  - In-Patient Care
  - Group Visits
  - Mind-Spirit Care
  - Ambulatory Care
  - Nursing Home
  - Integrative Medicine
Undergraduate Geriatric Curriculum

- **Year 1 - The Young and Aging Adult**
  - Delivered and being evaluated
- **Year 2 - The Young and Aging Adult**
  - Just beginning delivery
- **Year 3 and Year 4**
  - Under development to begin July 2014 and July 2015
Geriatric Fellowships

- Part-Time Geriatric Fellowship
  - On Hold for now until more recruiting is completed
- Dissemination of Grant Information and Materials
  - State of Michigan Office of Services to the Aging
  - Michigan Primary Care Consortium
  - Rural Health
  - Michigan Osteopathic Association
Geriatric Fellowships

- We are currently finishing projects for Year 2 of our grant funding
- We have received our carry-forward money from Year 1 of our grant funding
- We have received notice of continued grant funding for Year 3
Geriatric Fellowships

- **Recruitment Plan**
  - SCS Residency Competition to be Announced for all Residency Programs
  - A Residency Event to be held in Spring 2014 for presentation of Papers and Posters.
  - Plans to include FM and IM Residencies in Journal Club and Grand Rounds presentations as our distance learning capacity expands
  - Continuing Geriatric Content added to undergraduate curriculum
  - Restart of the Geriatric Interest Group on all campuses
Geriatric Fellowship Grant

QUESTIONS ?