Welcome!
The high school marching bands and science fiction writers have retreated and the entering class of 1988 has arrived.
Across campus, everyone is getting ready for something—whether it be attending their first medical lecture, the MSU vs. Notre Dame football game, or orientation meetings. Administrators and staff are processing the thousands of details surrounding scheduling and registration. Faculty are putting together lecture materials. And students are lining up at the bookstores, greeting old friends and making new ones.
A quiet phone is almost non-existent. Everyone is in the business of either asking or answering questions.
The 1988-89 academic school year has begun and fall term looks to be a busy time.
One Saturday morning in October, MSU-COM will host over 1,000 high school students, undergraduates from MSU and many other universities and colleges, parents, school advisors, and anyone else interested in osteopathic medicine! The 1988 Open House, scheduled for October 15, is really getting underway.
Soon after that, the 1988 entering class will be officially welcomed at the eighteenth annual convocation. Leighton E. Cluff, president of the Robert Wood Johnson Foundation, has been scheduled as the keynote speaker. Several individuals who have made outstanding contributions in health care or medical education will be honored with Walter F. Patenge Medals of Public Service. The ceremonies will take place on October 21.
So get ready!

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Kryston Gerber
1973

Roger K. Schwartzberg has been board-certified by the American Academy of Osteopathic Internists. He has been elected vice-chairman of the governing board of the University General Hospital in Seminole, Florida.

1975

Michael B. and Harriet H. Shaw write that Michael had a paper published in the March/April issue of Annuals of Otology, Rhinology and Laryngology entitled "Aural Pain Resulting from Acoustic Reflex.” He received certification in otolaryngology and facial plastic surgery this spring. He is in private practice in Tulsa, Oklahoma.

Harriet recently received a half-time appointment as an associate professor of family medicine at the College of Osteopathic Medicine-Oklahoma State University.

She writes: "The other half-time is with our two girls Ann, 7, and Beth, 5."

1976

Deborah Jo LeVan and her husband Ross have adopted a baby girl named Sarah. She is 20 months old.

LeVan has been elected chairperson of the Department of Internal Medicine at Detroit Osteopathic Hospital.

1977

Nicholas Abid and his family have moved to Chicago. He became chairman of the Department of Psychiatry at the Chicago College of Osteopathic Medicine. One of his responsibilities will be the development of a residency in psychiatry for osteopathic students.

1978

David F. Porter announces the birth of Brandon Christopher on April 12.

Porter is the chairman of the Department of Family Practice at Kennedy Memorial Hospital in Saddle Brook, New Jersey.

Stuart A. Winston completed a cardiology fellowship at Riverside Osteopathic Hospital and took a fellowship in cardiac electrophysiology at the University of California, San Francisco.

He writes: "After three years of private cardiology practice with seven other cardiologists, where I specialized in pacing and electrophysiology, I’m finally back home in Michigan. I’m now in private practice with six other cardiologists in Ann Arbor."

1979

Gary L. Hills practices gastroenterology with emphasis on hepatobiliary diseases in Tulsa, Oklahoma. He is associated with the Oklahoma Osteopathic Hospital, where he serves as chairman of the Gastrointestinal Subsection of the Department of Internal Medicine.

He is also teaching at the College of Osteopathic Medicine of Oklahoma State University.

1980

Carly J. Heaton continues to teach with the Department of Family Practice at the University of Michigan. She is now in her fourth year there. She was married to Stephen Bryant last November and expects their first child this November.

1981

Kathryn Henderson and Steve Thomas write: "Nord Henderson Thomas arrived June 12. She weighed 9 pounds and is happy and healthy."

Douglas H. Joyce is finishing adult and pediatric cardiovascular thoracic surgery training at Deborah Heart and Lung Center in Brown Mills, New Jersey. He will be done in November and is looking for a staff position.

He has a daughter, Elyse Anna, born on July 28, 1987.

Kenyon S. Kendall recently joined the Grand Rapids ophthalmology multi-specialty group. He specializes in glaucoma.

He recently vacationed in China and Hong Kong. His wife Kathy is expecting the birth of their first child in January.

Margaret J. (McGill) Hepke has been named medical director of rehabilitation services at Mount
Clemens General Hospital. She became board-certified by the American College of Quality Assurance and Utilization Review in October.

Charles E. Simpson recently received the Navy achievement medal for his superior performance of duty while stationed with the 2nd Marine Aircraft Wing, Marine Corps Air Station, Cherry Point, North Carolina.

1982

Gary L. Doublestein has been promoted to major and is now head of the Obstetrics/Gynecology Department at the new Air Force Hospital at Minot AFR in North Dakota. He writes: "They are keeping me busy out here!"

Stuart M. Sprague writes: "My wife Denise and daughter Soshana are expecting a new member to our family in August." He is completing the third year of a nephrology fellowship at the University of Chicago and will then be joining the faculty there. He recently had a review article "Aluminum: Its Measurement and Metabolism" published in Seminars of Dialysis and he published "Sarcoidosis Presenting as Acute Renal Failure in Pregnancy" in the August issue of American Journal of Kidney Diseases. A third article, "Relationship of Neurocognitive Dysfunction to Aluminum in Chronic Renal Failure Patients," will be published in an upcoming issue of Archives of Internal Medicine.

He recently received a two-year grant from the American Heart Association of Metropolitan Chicago to continue his research in the mechanism of aluminum induced bone disease. "Certainly things have been going very well for me both personally and professionally," he wrote.

Ruben L. Tenorio established his own practice three months ago in San Antonio, Texas after spending one year in practice with a former MSU graduate.

He writes: "Come on down to visit the Alamo City -- no five months of snow here."

1983

Joan T. Bornstein completed a residency in psychiatry at Sinai Hospital of Detroit in September. She will be in private practice in Farmington Hills. She will serve as the medical director for Community Mental Health Day at Sinai Hospital.

David W. Crotty writes that he and his wife Colleen, Aaron, 4, Coreen, 2, are looking to relocate. He plans to sell his practice in Sacramento, California.

He writes: "I'm busy making a very good living in a very good place to live, work and raise a family. Why the move? The quest is for personal growth. Wishing all the very best."

Mark E. Hatch and his wife Anne announce the birth of their second daughter, Julie, on June 10. He recently completed a three-year dermatology preceptorship and has opened an office in Lansing for the practice of dermatology and dermatologic surgery.

1984

Christopher T. Doig graduated from the internal medicine residency and received the Most Outstanding Resident Award at Botsford General Hospital this June.

He has joined Joseph D'Avango in practice in the Wayne/Oakland County areas.

He writes: "Julie and I also announce the recent birth of our third child -- a daughter, Erin Catherine, born March 3. Erin joins admiring brothers Timothy James, 4 1/2, and David Christopher, 3."

Thomas R. Wright moved to rural southern Ohio this year after completing a family practice residency in Midland. He received the Harry A. Towson Award for outstanding 1988 family practice resident. His son, Nathaniel, is now 6 and son, Ben, is 3.

He writes: "Still follow Tiger baseball in Buckeye country."

1985

Lora A. Chamberlain graduated in June from the University of Illinois Family Practice residency at Ravenswood Hospital in Chicago.

She writes: "I will be traveling throughout the United States for pleasure and profit for the next year. I'm maintaining close contact with Dave Kaye, MSU-COM 1985, who is entering his third year of an internal medicine residency at West Suburban Hospital in Chicago, where he was recently appointed chief resident.

We welcome all visitors to the Windy City and guarantee a good time to all who stop by."

James M. Bender and his wife Debbie are enjoying the birth of their first child Kevin James, born on April 18. Jim has just started the last year of his residency in psychiatry at MSU.

Thomas C. Johnson after completing a two-year tour as a general medical officer has now entered an obstetrics/gynecology residency as PGY2 at Madigan Army Medical Center in Tacoma, Washington.

continued on page 12
AIDS care: Meeting the challenge and the need

Owen Pickus, MSU-COM 1974, is a leader in a small but growing group of physicians committed to AIDS care. He chairs the Maine Governor's Task Force on AIDS, is an AIDS consultant to several educational projects, has spoken to thousands concerning AIDS, and provides care for many of the AIDS cases in Maine. He is recognized in the state, as politically, educationally and medically in the forefront of AIDS.

Pickus became an expert in AIDS care almost by chance. A colleague had diagnosed one of the first cases in 1982. The patient came back to his home in Maine and Pickus was asked to follow the case.

In 1984 when the first case of AIDS was diagnosed in Maine, the patient was sent to his office. This patient became very public and Pickus was recognized as his physician.

Today, Pickus estimates that he is now caring for about 50 percent of the AIDS cases in Maine.

"I was dragged into the vortex of AIDS very quickly," he said. "There were no experts in 1982."

As a physician already involved in oncology and hematology, he has found the disease fascinating.

On a personal level, Pickus says AIDS care meets all his criteria for being in medicine. All aspects of AIDS present great challenges, he said. Persons with AIDS need a great deal of understanding and emotional involvement.

"And the more involved you become, the more emotional reward you get," he said.

He believes D.O.'s are better prepared to handle AIDS patients, as M.D.'s are not as comfortable with patient involvement.

"I felt primary care was something you should never give up because it keeps the humanity in you," he said. "The D.O. sense of letting patients direct their own care is very helpful to persons with AIDS."

Many of his patients become his friends partly as a result of few people being willing to be around persons with AIDS, he said.

"People don't always understand that to have someone with AIDS to dinner is no risk," he said. "Even to care for them medically is only a minimal risk."

All aspects of AIDS present great challenges, said Owen Pickus, MSU-COM 1974.

Persons with AIDS need a great deal of understanding and emotional involvement.

"And the more involved you become, the more emotional reward you get," he said.

In his many talks across Maine, Pickus believes that understanding of the disease has improved, but that the spread of the virus is still largely misunderstood.

The numbers of people unnecessarily concerned about casual spread of the disease led him to coin the term "afrAIDS." He believes that afrAIDS can be stopped if respected people, such as physicians, keep the public informed about AIDS.

As the numbers of persons with AIDS continue to climb, Pickus sees a real need for primary care doctors to be more involved in AIDS care.

General practitioners, he believes will soon be called upon to provide the hands-on care, while those who have been treating it will provide consultations.

One of the setbacks is the difficulty in keeping up with AIDS developments, he said, noting that nearly 15 percent of all new medical literature deals with AIDS. He foresees AIDS becoming a medical specialty much in the same way cancer has, except he fears there won't be even a tenth as many AIDS specialists as there are cancer specialists. In the meantime he believes there could be as many AIDS patients as cancer patients.

AIDS patients are very time consuming. Burnout of physicians may also become a problem, he said.

"We have not seen the main thrust of AIDS," he said. "The nightmare years are yet to come and there may not be enough physicians to go around."

Pickus noted that some physicians wonder what the effect of his fame as the "AIDS doctor" has been on his practice.

"My regular patients have been very receptive," he said. "There may be some fear of new patients that their friends will think they have AIDS for seeing me, but it certainly isn't enough to hurt my practice."

He serves as the chairperson for the Maine governor's AIDS advisory committee, a 35-member task force which developed a plan to combat AIDS in the state. Pickus says the governor has accepted 98 percent of their plan and has passed it along to Vice President George Bush, who is gathering information on approaches to AIDS.

"Maine is one of the first states to have a comprehensive plan down on paper," Pickus said.

Along with three M.D.s, Pickus has established an AIDS education project. They hope to open a center in Portland. It would be a place where people could get information about AIDS, he explained. It would also act as a center for persons with AIDS.

The doctors have applied for a grant continued on page 12
Helping the body heal itself: OMT and acupuncture


He became interested in Chinese medicine after getting very ill while living in Taiwan. He went to see a Western doctor and then a missionary doctor. Neither was able to help him. It wasn't until his landlady insisted he see a local doctor that he recovered.

"He (the local doctor) did things which I do now that seemed totally bizarre then," he said. "I felt better immediately and that made a great impression on me."

Before coming to MSU-COM, Bensky studied traditional Chinese medicine for three years in Macau and Taiwan.

Although Bensky grew up in Detroit, he had no real understanding of osteopathic medicine until he read an influential article. It appeared in the American Journal of Chinese Medicine and concerned three patients who had been treated by acupuncture but had also gone through an osteopathic structural examination.

"I understood very little about the OMT described in the article," Bensky said, "but the tone of it was perfect and it looked like osteopathic medicine and acupuncture were things that would work well together."

Today in his downtown Seattle practice he focuses on osteopathic manipulative therapy and supplements it with traditional Chinese medicine, such as acupuncture.

The philosophy behind his medical style is that the body, with a little help, can heal itself, he said.

He treats a wide variety of conditions from musculoskeletal problems to high blood pressure. He often treats cancer patients as an adjunct to cancer therapy. He says 40 to 50 percent of his patients have "unexplained" syndromes—such as chronic sinusitis and digestive problems.

"Often, we (physicians) can describe a condition and understand it but we don't know why the patient has it," he said. "There is always a reason for physical problems, even when we can't discover what it is."

He believes his methods help make sense of physical problems that don't make sense otherwise.

In treating his patients, he usually does acupuncture first.

"It helps me to understand what is going on and it makes OMT easier," he said.

Following the acupuncture, he uses OMT and often Chinese herbs. Referrals for pharmaceuticals and surgery are reserved for instances when the problems persist.

"My Chinese treatments don't always work," he said.

But when they do, it can make life much easier for his patients, he explained.

With high blood pressure patients, for example, he has been able to control the condition for several years with a few treatments.

"This is a lot easier for patients than taking drugs for the rest of their lives," he said.

Bensky has gained recognition in the acupuncture world as a translator. In fact he has a second career with a small publishing company which he started with some friends--for him as a way to pay his way through MSU-COM. He has translated two books on traditional Chinese medicine since then and has started a third. He has also done some technical editing on manipulation books and other books on Chinese medicine. He says the work has helped him improve his practice and keeps him up-to-date on new techniques.

The company, called Eastland Press, has also provided employment for his wife Lillian who illustrates the texts and serves as art director.

Bensky has found time to serve as chairperson of the faculty at the Northwest Institute of Acupuncture and Oriental Medicine in Seattle. He says until a few years ago it was one of the few schools in the country which had more letters in its name than students. Today, however, the school boasts about 80 students.

He is also the physician member of the Washington State Acupuncture Advisory Committee, which certifies acupuncturists.

Spending more time with his family is among his goals for the future. He has two children Miles, 5, and Jordan, 9 months.
"Drug companies are interested in finding agents to reduce overweight," Kaufman said. "I'm more interested in metabolism and the occurrence of disease along with obesity."

"Ever since college, I've been fascinated by metabolism and obesity and how they relate," said Laryssa Kaufman, assistant professor of internal medicine and of physiology. Her interest has so far spawned two research projects, funded by the American Diabetes Association and the National Institutes of Health. She combines nutritional and endocrinology factors and their role in obesity and the occurrence of other diseases. One of her projects involves the role of insulin sensitivity in obesity.

She uses a unique breed of mouse, developed by Dale Romans, professor of food science and human nutrition. The mice have been bred to have a lowered rate of metabolism, which causes them to be obese without overeating. The mice also have a defect in the way they biochemically turn energy into heat, called thermogenesis. This process has recently been linked to obesity, Kaufman said.

After elevating or reducing the insulin effectiveness in the animals, she studies the development of obesity. She also tests the effectiveness of drugs to determine whether drugs could prevent obesity, possibly by altering hormonal patterns.

This isn't, however, an attempt to find a drug to cure overweight, she explains.

"Drug companies are interested in finding agents to reduce overweight," she said. "I'm more interested in understanding metabolism and the occurrence of disease along with obesity."

Kaufman hopes the results of the study will be applicable to human obesity and the most common form of diabetes.

Her other study, which began about a year ago, investigates the effects that certain types of fats and carbohydrates have on blood pressure. She has employed normal rats for the study. Specifically, she is looking for possible links between nutrient-induced high blood pressure and obesity. She hopes to determine how nutrients exert effects on blood pressure--looking at possible effects on hormonal and/or neural systems. This study may have applications to human obesity and...
The rats are studied in what Kaufman calls "rat condominiums." It allows the rats' urine to be easily collected. Kaufman is assisted by Mary Palmer, lab technician.

Hypertension.

Rats make good study subjects in nutrition because they like to eat things that humans like, Kaufman explained. Rats, for example, love chocolate.

She has been able to produce both obesity and hypertension in rats with diets of high fat or glucose.

She believes insulin resistance may contribute to hypertension and obesity, and that her research in this area is unique.

"A lot of researchers are looking at the effects of sodium and calcium in hypertension," she said. "We are unique in looking at dietary fat and hypertension."

Hypertension and diabetes can occur with very little overweight, Kaufman said. However, small reductions in weight may have profound improvements in blood pressure and diabetes.

The studies are also unique in the amount of control she can have over outside variables—something not possible with human subjects. Since the rats live only 2 1/2 to 3 1/2 years, she can look at the effect of diets over life spans.

Kaufman's extensive education includes a B.S. from the University of Wisconsin, a M.D. from Jefferson Medical College, an internal medicine residency at Thomas Jefferson University Hospital in Philadelphia, the Stetler Research Fellowship and the Endocrinology Fellowship at the U of W, and finally a research fellowship with the Thorndike Laboratory at Harvard Medical School and Beth Israel Hospital in Boston.

The decision to launch her research career at MSU-COM, came in part out of love for the Midwest and in part because it was a good place for both her and her husband David I. Kaufman, associate professor of internal medicine. She was also drawn by the potential for collaboration with other scientists and the freedom to conduct research.

"Dean Magen was very supportive in establishing my lab, especially prior to extramural funding," she said. "It's very hard to get started."

Kaufman finds her teaching in endocrine physiology an almost "awesome challenge."

"In a few years my students will be responsible for health care," she said. "It is rewarding to be a part of that, but it is sometimes overwhelming to walk into a classroom and see all those faces expecting all this knowledge."

In addition to her teaching and research, Kaufman has an endocrinology clinic at the MSU Clinical Center once a week and is on staff at four Lansing area hospitals.
General internal medicine and pediatrics to benefit from program

Helping new faculty succeed in academic medicine

"We hope to bring to our faculty a broad variety of skills necessary to succeed in the extremely competitive academic environment," said program director, Perrin Parkhurst, Office of Academic Affairs.

The Public Health Service has awarded a $480,000 grant for faculty development to MSU-COM, under the direction of Perrin Parkhurst, Office of Academic Affairs.

The award is for $160,000 a year for three years. PHS awarded 14 grants, intending to promote academic medicine skills for physicians who teach in general internal medicine or pediatrics.

A short-term fellowship for faculty development in internal medicine and pediatrics will be offered to full-time participants. Workshops and other activities will be offered to part-time participants.

The College’s faculty development efforts started in 1976 under a three-year special project grant. After that a smaller scale faculty development program was funded internally.

"Faculty development is not new to the college, but federal funding is back," Parkhurst said.

Parkhurst, Douglas Wood, associate dean, and Sarah Sprafka, associate professor of biomechanics, are co-principal investigators for the program. Parkhurst, Wood, Sprafka and Robert Esdale, specialist in the College, wrote the grant proposal.

The three-year award will concentrate initially on MSU-COM teaching faculty on campus. During the second and third years, the program will involve off-campus faculty, Parkhurst said.

Recruitment of full- and part-time participants started in July.

"We hope to bring to our faculty a broad variety of skills necessary to succeed in the extremely competitive academic environment," he said.

The five main objectives for participants are:
- learning to teach effectively in ambulatory settings
- learning how to introduce instructional alternatives to lectures in order to enhance self-directed learning
- developing competence in research of interest to primary care physicians
- gaining exposure to the various elements of academic medicine
- participating in a series of faculty development programs for the College's community-based faculty

The broad issues that will be addressed include academic survival skills, administration, evaluation and development of curriculum and instruction. Parkhurst and Sprafka are completing a needs assessment and developing the details of the fellowship.

"This program requires time on the part of faculty members," he said. "We've got to show them that it is worth it for them."

Participants will have the opportunity to work with mentors, get involved in a project of their choice and present a paper on academic medicine. Some secondary rewards include travel expenses to meetings related to faculty development, and financial assistance for library searches, text purchases and computer time.

Full-time trainees are eligible to receive stipend support if they participate for a period
Giving the message

A tobacco-free environment may clear things up

A coalition at MSU helps facilities that serve adolescents to implement no-tobacco use policies.

Adolescents may be getting mixed messages about tobacco use when the smoking policy at their schools and hospitals is inconsistent, said Terry Hagan, director of a policy coalition at MSU which hopes to change the situation.

"Our desire is to tell people how to get a smoke-free policy in place," he said.

The coalition holds the philosophy that not only is tobacco use an unhealthy habit, but that its use may precede the use of other dangerous drugs and behaviors.

The coalition members believe policies that will require adults to refrain from smoking in all facilities that provide services to adolescents will greatly assist efforts to prevent adolescent tobacco use. They have concluded that strong policies are needed to reduce the exposure of adolescents to modeling that endorses the use of tobacco products and to reduce the availability of tobacco products to youths.

The ideal school policy is one that requires a completely tobacco-free environment, Hagan noted. Adolescents get confused when they can't smoke but adults can, he said.

"It's as though once you are an adult you can handle it," Hagan said. "Smoking is devastating to the body no matter what age you are. It isn't a matter of maturity. It's a matter of health."

Hagan, Ed.D., is a specialist in the Department of Pediatrics. The Department of Public Health awarded him $22,000 to form the tobacco use policy coalition for the four counties surrounding Lansing.

The coalition members number nearly 70. They include school principals, substance abuse counselors, hospital personnel directors and MSU faculty. Ruth Worthington, associate professor of pediatrics, Sharon Karber, instructor of pediatrics, and Gordon Spink, associate professor of family medicine, have all been involved. Hagan noted that anyone interested may join them.

The group is also supported by the American Lung Association, the American Cancer Society, and the American Heart Association.

In addition to designing models to implement smoke-free policies, the coalition follows Michigan legislative efforts to reduce tobacco use closely.

This spring, Hagan gave testimony before the Michigan senate health policy committee concerning several Michigan bills aimed at curbing tobacco use in public places. Hagan stressed that research showed significant relationships between smoking and other adolescent problem behaviors.

For example, smokers are much more at risk for abuse of alcohol, marijuana and cocaine than nonsmokers. Only 7 percent of the high school Class of 1985 who had an A average were daily smokers. On the other hand 47 percent of the Class who maintained a D average were daily smokers, Hagan said.

Ruth Worthington looked at the smoking behaviors of almost 400 adolescents admitted to the Ingham County Youth Facility during a nine-month period in 1987. She found that individuals admitted were twice as likely to be smokers than nonsmokers. Youths detained who smoke are four times more likely to use alcohol regularly, four times more likely to use marijuana regularly and 2 1/2 times more likely to be sexually active than nonsmokers.

Hagan believes that recent shifts in public attitudes about smoking are encouraging its demise.

"Today, we have come to realize that smoking is using drugs," Hagan said. "It should be no more acceptable to smoke tobacco than to smoke marijuana."

Hagan noted that 325,000 people die each year from the use of tobacco compared to 175,000 who die from the use of alcohol and all other drugs combined.

The increased understanding of the effects of smoking and particularly second-hand smoke give clout to those against smoking, Hagan said.

"It is no longer a personal issue," he said.

"Second-hand smoke makes it a social issue."

Hagan acknowledges that in large part, a smokeless environment is still difficult to achieve.

"To ask people who have chosen to smoke not to is to impinge on their addiction," he said.

"It has to be done slowly."

In May, the coalition along with the pediatrics department and St. Lawrence Hospital, presented a seminar on adolescent tobacco use and the health issues surrounding it.

In keeping with their goals, the coalition members are helping to coordinate efforts of other local and national groups in promoting a tobacco free generation by the year 2000.
September 17
Principles of Ophthalmology
for the Primary Care Physician
and football weekend - MSU vs. Notre Dame

The goal of this program is to provide the primary care physician with an intense overview of the principles of ophthalmology and ocular manifestations of systemic disease.

To be held at the Kellogg Center.
Sponsored by MSU-COM. 4 hours of Category I credit. Cost is $75 or $25 for residents and interns.

September 24-25
MSU Alumni Association football package at Florida State University

The MSU Alumni Association has planned a football weekend at Florida State University in Tallahassee, Florida, for both MSUAA members and fans of MSU.

The air package includes a round-trip flight leaving from Detroit, two nights lodging at either Apalachicola Parkway or University Center Holiday Inn, transfers, baggage handling, cocktail party, shuttle to and from the game and a game ticket. The cost is $419 based on double occupancy.

For those coming with other transportation, a land package can be purchased for $139.

A reception is being planned for an independent charge of $15 per person.

For more information call the MSU Alumni Association at (517) 355-8315.

October 15
The MSU-COM Open House
"Osteopathic Medicine--A Way of Caring"

The MSU-COM open house has been planned for Saturday, October 15. All friends of the College are invited to attend. Students and faculty are encouraged to exhibit or participate.

The theme for the event is "Osteopathic Medicine--A Way of Caring." For information call (517) 355-9261.

October 28 - 29
Annual Scientific Seminar and Football Weekend

MSU vs. Ohio State football game.
Sponsored by the MSU-COM Alumni Association. To be held at the Kellogg Center.
8 hours of Category I credit. Due to the special activities accompanying this conference, a separate course brochure will be mailed prior to the conference. Brochures can be requested, when available, from the CME Office.

Cost is $75 for MSU-COMAA members or 1978 graduates, $100 for nonmembers and $40 for residents and interns.

Ten-year reunion information for the class of 1978 should be directed to program chairperson Ed Lee, D.O., B209 West Fee Hall, East Lansing, Mich., 48824-1316, (517) 355-8724.

November 7 - 11
Tutorial on Level II Craniosacral Techniques

Objectives include: to review in detail cranial anatomy; to review specific corrective techniques for complex articular restrictions; to learn soft-tissue corrective techniques for membranous strain patterns; and to discuss special problems including TMJ, pediatric problems, entrapment syndromes, functional anatomy and treatment procedures.

Prerequisites are "Principles of Manual Medicine" and "Tutorial on Level I: Craniosacral Technique." Sponsored by MSU-COM. 40 hours of Category I credit. Cost $800 or $400 for physicians in training.

For more information or to register for any of the courses contact the Office of Continuing Medical Education, MSU-COM, A306 E. Fee Hall, East Lansing, Mich., 48824-1316, or call (517) 353-9714.

"Communique" is published monthly by the Office of Health Information at A310 East Fee Hall, East Lansing, Mich., 48824-1316. For assistance call (517) 355-9261. Editor is Lois Fury.
Peter Walsh writes: "Since graduation we have made two new additions to the family," Sarah Elizabeth was born on August 5, 1985 and Hannah Catherine was born on June 2, 1988, both at Botsford General Hospital.

Walsh recently started a fellowship at Botsford General Hospital in gastroenterology.

1986

Gregg B. Hanert and his wife Kimberley opened a family practice in Newberry in August, after completing their residencies at Botsford General Hospital.

Kimberly writes: "We have a 10-month-old son, Gavin Chase, who is looking forward to being a little U-Per! Gregg is looking forward to hunting and fishing. Anyone visiting the area, please stop and visit."

Chris J. Hussar is currently the director of the Pain Treatment Center at Mount Clemens General Hospital.

Roxanne Igram finished her internship at Flint Osteopathic Hospital and is starting a radiology residency through MSU.

D. Charles Kowalewski recently added a new member to his family, Beth Anne. She was born on May 30 at Lansing General Hospital and weighed 7 pounds and 9 ounces.

He writes: "Yes, we really did come back to have the baby there! Janet has quit her job as a medical billing manager to take on her new profession full-time. I will be staying at Pontiac Osteopathic to complete an internal medicine residency."

M. Melissa Moon has started a physical medicine and rehabilitation residency at the University of Michigan.

Mark Priest writes that the Class of 1987 yearbook is in the printing stages and should be available by early fall. Anyone interested in receiving a book should send their address to: Life Torch Studios, 2163 Jolly Road, Okemos, MI 48864, Attn: Beth Komer.

Meeting Challenges of AIDS Care continued from page 4

to make it a state-wide effort.

He gave about 150 talks on AIDS over the last twelve months, and over 125 the year before that. He is mainly concerned with educating physicians but also speaks to a number of public groups. He speaks to many high school seniors, for example, as part of a state initiative to educate children about AIDS.

Indirectly his leadership in AIDS has led to his own T.V. program. Once a month he hosts a live broadcast called "Healthline with Dr. Owen Pickus." Guests discuss a health issue with Pickus and then he answers call-in questions. He is planning to start a similar weekly radio show.

Pickus believes his visibility and credibility have provided a step forward toward equal and cooperative relationships between M.D.s and D.O.s in Maine.

Among the numerous awards he has been receiving, this year Pickus was awarded the Blue Cross/Blue Shield Award for Physician of the Year and last year he received the Roswell P. Bates Memorial Award given in recognition of "extraordinary and devoted patient care and contributions in osteopathic medicine."

According to a Portland magazine he is one of the "ten most intriguing people" in the state.

"When you are my age and you receive awards such as these, you have to ask yourself, where do I go from here?" he said.

In any case, Pickus hopes that he has and will continue to serve as a role model for health care providers.