COMMUNIQUE
May 31, 1982

A MATTER OF PUBLIC HEALTH
ON THE COVER

Meeting history’s "greatest threat to public health," alumna Kathleen Anzicek has moved her practice of medicine from the examination room to the lecture circuit for six months. Her commitment is indicative of the achievement of many MSU-COM alumni who have sought to improve the world about them. (Photos by Taro Yamasaki, Detroit Free Press.)

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CIRCULATION: This spring 2,650 copies of "Communique" are distributed each issue to MSU-COM faculty and staff; on-campus students; students on clinical rotations; off-campus volunteer faculty; alumni, associate members of the MSU-COM Alumni Association; directors of medical education, administrators and others in affiliated hospitals; MSU deans and administrators outside MSU-COM; friends of the college; premedical advisers statewide, and osteopathic publications.

COMMUNIQUE "Communique," a newsletter publication of the Michigan State University College of Osteopathic Medicine, is issued 18 times a year through Medicine and Health Information, A314 East Fee Hall, East Lansing, Michigan 48824; telephone 517/353-0820. Members of the Editorial Advisory Committee include Robert C. Ward, D.O. (chairman); Lon A. Hoover, D.O.; Sandy Kilbourn, M.A.; Gordon Spink, D.O., Ph.D.; Kenneth Stringer, D.O.; Jane A. Waldron; Kay E. White, Ph.D.; Nancy Houston, B.A. (editor), and Patricia Grauer, M.A. (managing editor). Circulation manager is Mary Palmer. Production is done by Connie Burch; photography by Dick Wesley. Date of publication of the next issue is Monday, June 28, 1982.

Michigan State University is an equal-opportunity/affirmative action institution.
MSU-COM ALUMNI CONTINUE COMMITMENT TO MICHIGAN AND PRIMARY CARE

A graduate from the MSU College of Osteopathic Medicine is most apt to be serving as a primary care physician in a Michigan community, the most recent data from the MSU-COM Alumni Association show.

A report summarizing the activities of alumni from the first eight graduating classes (1973-1980) shows that 73% of these physicians are presently practicing or training in primary care and that 66% are active in Michigan. (The 1980 graduating class was excluded from the data since they are presently completing internships and have not reported plans for practice locations.)

Primary care has been defined to include general practice, emergency medicine, internal medicine, obstetrics and gynecology, and pediatrics.

Among the most chosen specialties were 27 in general surgery, 20 in psychiatry, 19 in orthopedic surgery, 15 in anesthesiology, and 13 in radiology. Four have chosen to specialize in osteopathic manipulative medicine.

Location of all alumni in Michigan by county and in the nation are shown on maps on page 4. Within Michigan, the strongest concentration of MSU-COM alumni are in Oakland (108) and Wayne (98) counties, representative of the distribution of all D.O.s in the state and the state's osteopathic hospitals. Other counties with ten or more alumni include Ingham (39), Macomb (38), Kent (33), Genesee (25), and Grand Traverse (10). The remainder of Michigan's alums are located in 42 other counties from the tip of the Upper Peninsula to the Indiana and Ohio borders.

Out-of-state alumni are spread throughout 35 states, with the highest concentrations in Ohio (29), Florida (21), Arizona (16), California (15), Texas (11), Washington (11), New Jersey (11), Illinois (10), Pennsylvania (10) and New York (10).

<table>
<thead>
<tr>
<th>Class</th>
<th>Number of Living Alumni</th>
<th>Percent in Michigan</th>
<th>Percent in Primary Care</th>
<th>Percent in Rural Setting</th>
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<tr>
<td>1973</td>
<td>42</td>
<td>67%</td>
<td>69%</td>
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<td>1974</td>
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<td>1980</td>
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<tr>
<td>Totals</td>
<td>571</td>
<td>66%</td>
<td>73%</td>
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Kathleen Anzicek
A MATTER OF PUBLIC HEALTH

Kathleen Anzicek is following her own prescription that "being active is the best medicine against hopelessness."

A 1980 graduate of the MSU College of Osteopathic Medicine, the Detroit physician has taken six months out of her practice to address full-time what she considers "the most serious threat to public health that has ever existed" — nuclear war.

Since October, she with her husband Mark Leventer, M.D., and another physician, have established in Detroit what the national Physicians for Social Responsibility has called its "miracle chapter." In a few months it has grown substantially, and in April hosted a symposium which attracted nearly 1,000, on the medical consequences of nuclear war.

Anzicek sees her work with PSR as a logical extension of her role as a physician.

"Throughout history, physicians have responded to threats on public health," she said. "They are widely respected as teachers who are accustomed to interpreting complex scientific findings to lay persons. People have enormous faith in physicians."

"Our prime message is that there can be neither an effective medical nor civil defense response in a nuclear war," she said. "Prevention is the only reasonable strategy."

Anzicek noted that most persons do not realize the destructive power of today's nuclear weapons.

"An average-sized weapon — about one megaton — is equivalent to 70 Hiroshima bombs," she said. "Our arsenals, however, include bombs up to 20 megatons."

"If a 25-megaton bomb airburst over Detroit, there would be immediately two million casualties, and serious injury to another 1,360,000. Talking about a medical response in such a situation is ludicrous," she said.

According to figures released from the Office of Technology Assessment, the blast effects alone of such a bomb would leave no survivors and destroy everything except a few reinforced concrete walls for a six-mile radius.

From six to ten miles, half the population would be killed immediately, the rest severely injured. Skeletons of some buildings would remain.

From ten to 18 miles, half the population would be injured by blast effects, 5% killed immediately, and some residential buildings might be spared.

"However," said Anzicek, "there is high probability that the blast would be followed by a firestorm which would consume everything 10 to 30 miles from the epicenter. Since temperatures could reach 1000° Centigrade, there would be no effective shelter within this range."

"Another aspect which has not been adequately addressed is the effect of nuclear war on the ecosystem worldwide," Anzicek said. "A recent report compiled by the National Academy of Sciences indicates that if only 10% of the projected stockpiles for 1985 were detonated, there would be a major depletion of the earth's protective stratospheric ozone layer. The increase in ultraviolet radiation reaching the Earth would result in skin burns, blinding of all creatures, and scorching of all vegetation."

"Insects, which are much more resistant to radiation effects than mammals, would flourish," she said. "Food and water supplies would be contaminated, further sickening a population whose immune systems would be severely compromised by radiation. There is no doubt that the survivors would truly envy the dead."

Anzicek completed her internship at Michigan Osteopathic Medical Center East in December, writing her internship paper on the medical consequences of nuclear war. She and her husband intend to set up a private family practice in Grass Lake, Michigan, in the fall.

For further information on PSR or medical consequences of nuclear war, she may be reached through PSR Detroit, Wayne State University Newman Center, 761 Student Center Building, Detroit, 48202; 313/577-3168.
Nearly 80 persons, including 38 physicians, took respite from the Michigan winter this year in the MSU-COM Alumni Association's second "seminar in the sun," this time at Cancun.

An island off Mexico's Yucatan Peninsula, Cancun combines modern resorts near ancient Mayan ruins. Participants enjoyed scuba, sailing, hiking, swimming and sunbathing among other activities.

Each morning from 7 to 11 the physicians attended a continuing education course which included updates on obstetric and gynecological procedures, rheumatology, psychiatry, pharmacology, animal/human diseases, and barotrauma. Twenty hours of CME credit were offered.

Speakers included Donald Briner, D.O., chairman and professor of internal medicine, MSU-COM; Rosemary Havey, D.O. (’74), psychiatry resident, Michigan Osteopathic Medical Center, Detroit; Howard Lasser, M.D., senior staff emergency room physician, Henry Ford Hospital; Ronald Rhule, D.O. (’73), senior staff emergency room physician, Henry Ford Hospital, and Lt. Commander, U.S. Navy Medical Corps; Joseph Walczak, D.O., chief, Division of Obstetrics and Gynecology, Department of Osteopathic Medicine, MSU-COM; and John Welser, D.V.M., dean, MSU College of Veterinary Medicine.

The trip, which was open to any interested person, was the second sponsored by the MSU-COM Alumni Association. In 1981, the seminar was held in St. Thomas. The 1983 trip is planned for Jamaica.
PHOTO CAPTIONS
all left to right):

1) Preparing to board in Detroit were Rosemary Havey ('74), CME coordinator Sandy Kilbourn, Jo Miles, Spartan travel agents Susan Pietkowski and Suzy Hatton Imam, and secretary Betty Wilson.

2) Debarking behind Don Briner’s greeting were his wife Betty and Bill Pintal.

3) The condominiums at the Club Internacional reflected the bountiful tropical setting of the island.

4) A view from the courtyard included the pool, beaches, and an aquamarine sea.

5) Continuing medical education programs began at 7 each morning, allowing plenty of time for outdoor activities.

6) MSU vet med dean John Welser (right) was one of the persons to receive an "honorary D.O." degree at the banquet. The presentation was made by MSU-COM Alumni Association president Ken Stringer ('74) and Sandy Kilbourn.
Robert M. Acosta, '77
PHYSICIAN OF THE YEAR IN CALIFORNIA

Only five years out of medical school, MSU-COM's Robert M. Acosta has been chosen the Physician of the Year by the Society of Osteopathic Physicians and Surgeons of California.

Acosta, reserve captain in the Air Force, headed a command team of paramedics for possible emergency medical rescue efforts during landing of the Columbia space shuttle last year.

To prepare for the assignment, he and his team spent months practicing mountaineering skills in the Sierra and parachuting from helicopters over Monterey Bay.

As commander of the California Air National Guard Air Rescue and Recover Team, Acosta has had continual training as a flight surgeon. His team was chosen because of its outstanding reputation and superior rescue equipment.

In addition to his work with the shuttle, Acosta was also in charge of meeting medical emergencies which might arise involving the California Conservation Corps working with the Mediterranean Fruit Fly Eradication Project.

The 32-year-old physician maintains a private practice of general medicine and surgery and serves on various committees at Washington Hospital, including education, obstetrics and gynecology, medical, and utilization review.

He is a member of seven medical societies and is vice-president of the Northern California branch of the osteopathic associations.

Acosta also received the commendation ribbon with pendant from the California National Guard, citing him for his "dedication, diligence, self-sacrifice and willingness to perform 'over and above'."

* * * *

David Abbott, '76
FAMILY PRACTICE IN THE PLAIN COMMUNITY

David Abbott began his practice in Lancaster County, Pennsylvania, nearly three years ago, never realizing he was an "answered prayer" to persons in New Holland's plain community.

Their appreciation was proven recently, however, when 56 women for whom he had made home deliveries worked six months to complete a quilt to present to him.

The large, double wedding-ring patterned gift includes 56 embroidered patches, each bearing the babies' names, birthdates, and parents' names.

The accompanying note said: "We have joined hands to make this quilt for you to show our appreciation for your coming to New Holland, but especially for making home deliveries. When Dr. (Grace) Kaiser left, we feared no one would take her practice, so you were an answered prayer."
Algirdas Juocys, '77
CREATING OPPORTUNITIES FOR MEDICAL STUDENTS

When Algirdas Juocys attended the MSU College of Osteopathic Medicine, he was the first osteopathic medical student to participate in a National Guard program which provided significant funding for his medical education.

Now Juocys is offering the same opportunities for others today as a major in charge of training medical students, physicians assistants and laboratory personnel for the National Guard.

"The major advantage of the program is that there is no requirement for active duty upon the completion of medical education," Juocys said. "Rather the students work one weekend a month and two weeks during the summer, primarily doing physicals."

"The program provides enormous reinforcement of clinical skills," he said. "The students may see 40 patients a day. During summer camp, they work on suturing, sick call and other duties that they might not have as much opportunity to perform elsewhere."

Juocys is with the 207th Combat Support Hospital, located at the Light Guard Armory on Eight Mile Road in Detroit. The unit is intriguing in that it is an "inflatable" hospital with a potential for 200 beds with sterile operating rooms, running water and electricity. A jet engine supplies all the power and does the inflating. For training, the unit is set up in two 20-bed sections at a time.

Juocys maintains a private family practice in Rochester, Michigan, having completed a two-and-a-half year family practice residency at Wayne State University. He was certified in family practice last October. He took his internship at Riverside Osteopathic Hospital.

Juocys also works in outpatient urgent care for Total Health, a health maintenance organization.

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Gordon Spink, '75
NOW DME AT LANSING GENERAL HOSPITAL

Gordon Spink was recently named director of medical education at Lansing General Hospital, following a term in the same position at Flint Osteopathic Hospital. Charter president of the MSU-COM Alumni Association, Spink is also an associate professor of family medicine at MSU-COM.

He serves as a member of the board of directors of the MSU Development Fund, on the Presidents Club, and is a "honorary coach" of the Ralph Young Fund.

Spink has also served MSU-COM as acting assistant dean for graduate and continuing medical education, as codirector of the Preceptor Program, and as Unit III coordinator for the College.
ALUMNI NEWS NOTES

Thomas Trese, '75, will chair a multidisciplinary continuing education seminar on sleep disorders offered by the Department of Continuing Medical Education of the Texas College of Osteopathic Medicine on August 27 and 28.

Edwin Tobes, D.O., '76, will finish a fellowship in child and adolescent psychiatry at the University of Michigan Department of Psychiatry in June.

Horace J. Davis, '76, was recently elected chief of staff and president of the medical staff at Albion Community Hospital. He also practices at Foote Memorial Hospital in Jackson.

George N. Darah, D.O., '77, is the coauthor of two presentations made at the Society of Teachers of Family Medicine's 15th annual spring conference in Chicago. The papers were "How to Design, Implement and Monitor an Effective Evaluation System for Residency Programs and Residents" (with Krol and Kish) and "The Use of Patient Satisfaction Data as Partial Determinant of Resident's Doctor-Patient Skills" (with Krol and Norlund).

Mary Alonzi, '77, named MSU-COM as the designated recipient of a $1000 First Annual Parke-Davis Osteopathic School of Medicine Scholarship Award. Dr. Alonzi was selected at a drawing held at the American Osteopathic Association convention in Los Angeles. The money will be used to assist medical students in their education.

Jeffrey N. Thompson, '79, and wife Sarah are the proud parents of Rachel Lynne Thompson, born May 3. The birth of the five-pound, eight-ounce girl occurred at the United States Navy Regional Medical Center on Okinawa, Japan, "after a remarkably easy labor and deliver."

Patricia L. Rehfield, '79, and David C. Tattan, '79, are opening a joint family practice at 3165 24th Avenue, in Jamestown, Michigan. They will be moving to a new residence, a small farm, in Zeeland during June and will start practice in July.

Larry Prokop, D.O., '80, is now a resident in physical medicine and rehabilitation at the Rehabilitation Institute of Chicago.

Glaucio H. Bechara, '80, will be opening his own general and family practice at the Sumpter Community Clinic, 19421 Sumpter, Belleville, Michigan, 48111, on June 1. He completed his internship at Botsford General Hospital, and has been in practice with William Ross, D.O.

CLASS OF '79 CHILIFEST...

James Lang, '79, reported on the Third Annual Chilifest and Gastroenterology Update, held in Grand Rapids and chaired by Paul Gauthier, '79. Among those attending were 1979 alums Geoff Baum, Jon King, Joe Palazetti, Doug Marciniak, and Mike Barry. Lang notes that "several topics were discussed and papers were presented," including one on "Increased Gastrointestinal Transit Time after Chili Ingestion." The fourth annual update will be announced.
WEDNESDAY, JUNE 9, 1982


FRIDAY, JUNE 11, 1982

8 a.m. Department of Family Medicine seminar: "Special Problems in the Care of Migrant Workers," by Linda Hernandez, D.O. B217 Fee Hall.

10 a.m. MSU-COM Council of Affiliated Hospitals meeting. University Club, MSU.

1 p.m. MSU College of Osteopathic Medicine hoisting and commencement program. For the first time the ceremonies will include conferring of diplomas. Walter Adams, professor of economics, is guest speaker. Reception will follow immediately at the University Club. MSU Auditorium.


MONDAY, JUNE 14, 1982


SATURDAY, JUNE 19, 1982

Lansing General Hospital Health and Fitness Run, both five- and ten-kilometer races. Free T-shirts to all entrants, medals to division winners. Entry fee is $6 prior to June 14. For information call 517/355-8344.

WEDNESDAY, JUNE 23, 1982

"Beyond Competence: The Complete Physician," a joint educational conference sponsored by the American Association of Colleges of Osteopathic Medicine, the National Association of Advisors for the Health Professions, and the Central Association of Advisors for the Health Professions. Speakers will include C. Everett Koop, M.D., surgeon general of the United States. For information write AACOM, 4720 Montgomery Lane, Suite 609, Bethesda, MD, 20814. Excelsior Hotel, Tulsa, Oklahoma.

SATURDAY, JUNE 26, 1982

FRIDAY, JULY 2, 1982


SUNDAY, JULY 11, 1982


THURSDAY, JULY 22, 1982


THURSDAY, JULY 29, 1982


MONDAY, AUGUST 23, 1982


TUESDAY, SEPTEMBER 7, 1982

COMMUNIQUE

Please use this form for submission of material for the biweekly College of Osteopathic Medicine Communiqué. The editors and editorial advisory committee retain the right to edit or exclude any material. Please print or type, and do not include any information that is more than one month old.

Date of submission

Name __________________________  Highest degree __________________________

Position (MSU-COM) __________________________  Alum? ______  Year graduated ______

Address __________________________  Phone __________________________

NEWS ITEMS OR FEATURE SUGGESTIONS

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NEW NAME OR ADDRESS?

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SIGNATURE

PLEASE RETURN TO Medicine and Health Information, A314 East Fee, Michigan State University, East Lansing, MI 48824. For assistance call 517/353-0820.
SATURDAY, SEPTEMBER 11, 1982


WEDNESDAY, SEPTEMBER 15, 1982


FRIDAY, SEPTEMBER 17, 1982


WEDNESDAY, SEPTEMBER 22, 1982


FRIDAY, SEPTEMBER 24, 1982


SATURDAY, SEPTEMBER 25, 1982

"Fall General Practice Update." Cosponsored by Lakeview General Hospital and Michigan Center for Continuing Education in Osteopathic Medicine. Program chairman is Richard A. Margoles, Ph.D. Contact Duane M. Tester, 313/335-7742. Stouffer's, Battle Creek.

SUNDAY, OCTOBER 3, 1982


WEDNESDAY, OCTOBER 13, 1982

FRIDAY, MAY 28, 1982

8 a.m. Department of Family Medicine seminar: "How to Utilize the New Modalities in Radiology," by Richard White, D.O. B217 Fee Hall.

TUESDAY, JUNE 1, 1982

4 p.m. Department of Microbiology and Public Health and Department of Medicine seminar. Basil Williams, School of Medicine, Wayne State University. 146 Giltner.

WEDNESDAY, JUNE 2, 1982

4 p.m. "Environmental Mutagens: Principles and Methods for Their Detection" by Chia-cheng Chang, Division of Human Genetics, MSU. Sponsored by the Center for Environmental Toxicology. 101 Biochemistry.

FRIDAY, JUNE 4, 1982


8 a.m. "Neuromuscular Disease Symposium." Sponsored by MSU Colleges of Human Medicine and Osteopathic Medicine, MSU Lifelong Education Programs, and Muscular Dystrophy Association. Contact Molly Karnitz, 616/459-4410. Kellogg Center for Continuing Education, MSU.

9 a.m. "Toxicology in Michigan Today." Second annual scientific meeting sponsored by MSU Center for Environmental Toxicology and Lifelong Education Programs. Contact Joan Martin Alam, Conference Coordinator, Lifelong Education Programs, MSU, East Lansing; 517/353-7822.

MONDAY, JUNE 7, 1982

7 p.m. Seminars on health maintenance for older adults: "Keeping a Keen Edge — Mental Health Concerns of the Aging" by James G. O'Brien, MSU College of Human Medicine, and Gerald G. Osborn, D.O., MSU College of Osteopathic Medicine. Sponsored by MSU-COM, MSU-CHM, MSU College of Nursing, MSU Executive Committee on Aging, in cooperation with Michigan Health Council. MSU Clinical Center.
THE GREAT JAMAICA VACATION

You've been tempered now by lilacs and the rustle of small new maple leaves, but for a moment, remember February. Ah! -- the salt-stained boots, cabin fever, chapped lips, stalled cars, and that wonderful grey on grey.

There is respite. There is escape -- for next February.


Vacationers will stay in Ocho Rios, described as "formal as tea at polo or as casual as a jitney ride through a working plantation." Activities on the island can include deep-sea fishing, tennis, riverrafting, sailing, surfing, windsurfing, skiing, snorkeling, golfing, or simply sunbathing. Art galleries and exquisite shops abound.

As before, the program will include 20 hours of continuing medical education to provide physicians with the latest concepts and issues in medicine with an osteopathic emphasis. There is an additional charge for the CME program.

Arrangements are being handled through Spartan Travel, Inc., 3036 Lake Lansing Rd., East Lansing, Michigan, 48823; 517/351-1080. Initial deposits and reservations are due by September 1, 1982.

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The Great Jamaica Vacation

February 21-March 2, 1983

OCHO RIOS, JAMAICA

INCLUDED IN THE PACKAGE:

* Round trip airfare via Eastern Airlines between Detroit and Montego Bay, Jamaica
* 10 days/9 nights at the deluxe Ocho Rios Sheraton Hotel
* Round trip transfers between the airport and hotel
* Rum Swizzle and Calypso Band welcome
* Pre-registration of room
* Welcome cocktail party with hot & cold hors d'oeuvres
* Manager's cocktail party
* Farewell banquet
* Complimentary tennis daily
* Complete baggage handling, taxes and gratuities on included features
* Services of a Spartan Travel Tour Escort

COST PER PERSON: EP - NO MEALS,

$ 982.00, double occupancy
$1,410.00, single occupancy
$ 320.00, children under 12 sharing room with parents.

COST PER PERSON: MAP-BREAKFAST AND DINNER DAILY

$1,287.00, double
$1,720.00, single
$ 552.00, children under 12 sharing room with parents.

VACATION EXTENSIONS:

AVAILABLE UPON REQUEST

Rates based on a minimum of fifty persons
Please note: all rates are subject to change.
No refunds on unused features.

For travel in Jamaica you must present proof of U.S. Citizenship (original or certified birth certificate, valid voter's registration card or a passport). This also applies to children.

SIDE EXCURSIONS:

Green Grotto Caves
Dunn's River Falls
Brimmer Hall Plantation
White River Rafting
Fern Gully

Sailing
Snorkeling
Scuba
Fishing
Picnics
Michigan State University
College of Osteopathic Medicine

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MSU-COM Alumni Association’s
Scientific Seminar and Football Weekend

EVERYONE — WHETHER MSU-COM ALUMNI OR NOT — IS WELCOME!
The CME program, largely presented by alumni, will include
updates helpful to both family practitioners and specialists.

JOIN US FOR OUR CME PROGRAM, BANQUET, SOCIAL HOURS, FELLOWSHIP
AND THE

MSU/Ohio State game
September 17-18, 1982

FOR FURTHER INFORMATION, CONTACT SANDY KILBOURN, A329 E. FEE,
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